

## **Medical Abortion with Mefeego® Pack(Mifepristone and Misoprostol)**

Medical abortion is a method recommended by the World Health Organization (WHO).

In Japan, Mefeego® Pack was approved in April 2023 as the first oral abortion medication.

At our hospital, we offer both surgical abortion and medical abortion using oral medication.

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### **What is Mefeego® Pack?**

- Mefeego® Pack is a combination of Mifepristone and Misoprostol, which used for medical abortion up to 9 weeks of pregnancy.
  - It contains two different medicines.
  - The second medicine is taken 36–48 hours after the first one.
  - The success rate within 24 hours after the second medicine is 93.3% (based on a clinical study in Japan).
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### **What to Expect**

- Common symptoms include bleeding and lower abdominal pain.
  - Serious side effects are rare, but may include:
    - Heavy bleeding
    - Infection
    - Severe allergic reaction
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## **Medical Abortion vs. Surgical Abortion**

### **Medical Abortion (Mefeego® Pack)**

- Available only up to 9 weeks of pregnancy
  - Usually takes 1 to several days to complete
  - No surgery and no anesthesia
  - Bleeding may last longer
  - Surgery may be needed if the pregnancy tissue is not expelled
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### **Surgical Abortion (MVA)**

- Available up to 11 weeks and 6 days of pregnancy
  - Procedure takes 10–30 minutes
  - Uses anesthesia
  - Faster completion
  - Small risks related to surgery and anesthesia
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※ In Japan, abortion can only be performed at certified medical institutions.

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## **Treatment Schedule at Our Hospital**

### **First Visit**

Please make an appointment in advance. You need to speak Japanese or prepare an interpreter. Your first visit usually takes about 1 to 1.5 hours.

At the first visit:

- Medical examination and ultrasound
  - Explanation of the procedure
  - Blood test
  - Scheduling
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### **Day 1**

- You will take the first medicine at the clinic under a doctor's supervision.
  - If you feel well, you can go home on the same day.
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### **Day 3**

- You will take the second medicine at the clinic.
  - You will then stay in the hospital for observation.
  - Bleeding will be checked regularly.
  - If the pregnancy tissue is expelled and there are no problems, you may go home on the same day or the next day.
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### **If Needed**

- If the tissue is not expelled, you may need to stay longer.
  - In some cases, a surgical procedure may be required.
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### **Follow-up Visit**

About one week after discharge, you will return for a check-up.

If everything is normal, treatment is complete.

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### **Fees**

130,000 JPY

(Includes treatment from the first medicine until discharge)

Additional fees:

- One night hospital stay: +30,000 JPY
- Hospital stay plus surgical procedure: +70,000 JPY

Other fees:

- First visit: 19,200 JPY
  - Follow-up visit: 6,000 JPY
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For Patients Without Japanese Health Insurance

Patients living overseas who do not have Japanese health insurance will be charged

200% of the standard fee

(basic fee: 260,000 JPY).

### **Important Requirements Before Making an Appointment**

- Written consent from both the patient and their spouse/partner is required under the Maternal Protection Act in Japan.  
At our hospital, this applies to unmarried patients as well.  
If written consent from both parties cannot be obtained, we will not be able to provide treatment.
- Eligibility for Mefeego® Pack is limited to pregnancies up to 9 weeks and 0 days at the time of taking the first medication.  
If this limit is exceeded, medical abortion cannot be performed.
- The first visit is available only during the following hours:  
Weekdays between 11:00–12:00 or 14:00–15:00.
- All patients are required to stay in the hospital (day admission) after taking the second medication.  
Depending on the situation, an overnight stay or surgical procedure may be required, which will incur additional costs.
- Patients who do not speak Japanese must be accompanied by a Japanese-speaking companion or interpreter.